



A Note from the Executive Director
New Visiting Guidelines

Dear Residents and Family Members,

Great news, our Visiting Guidelines have changed. Please read through this article to fully understand and appreciate the changes. Your cooperation is most appreciated as we continue to navigate these unprecedented times.

- All visits must be scheduled in advance. Please call or email **Garrett Skirvin** at **GSkirvin@5ssl.com** or myself at **MRutenis@5ssl.com** to schedule a visit for Independent Living only. Contact Cheryl Lione at **CLione@5ssl.com** for Assisted Living appointments.
- Visitors under 18 years of age are welcome but must be accompanied by an adult.
- Outdoor visits are still preferred but apartment visits are permitted except in situations in which the resident is not fully vaccinated and the county positivity rate is greater than 10%. Visits are also prohibited when the resident is positive of COVID-19 and in quarantine or has been exposed to a positive person.
- All visitors for Independent Living must enter and exit through the Main Entrance in Building 2.
- All Assisted Living visits must enter and exit through the Atrium entrance.
- We will continue to screen all visitors with temperature checks and questions/observations about signs and symptoms of COVID-19.
- Proper mask-wearing at all times and hand washing before and after a visit is required. If the resident and the visitor are BOTH vaccinated, you may remove your mask in the resident's apartment only.
- No visits in the indoor or outdoor common areas unless it's a designated visiting area. The only designated outdoor visiting area is the Tiki Hut in the Courtyard of Building 2 and the front patio at the Atrium. Indoor visitation areas are limited to apartments only.
- Please note that we reserve the right to cancel or discontinue a visit without notice in response to unexpected events, including visitors and residents that are non-compliant.
- All visits are limited to 1 hour for Independent Living and 45 minutes for Assisted Living.
- Limit 2 people per visit.
- Please note that state and local regulations take precedence over Five Star guidelines.

—Mary Beth Rutenis, Executive Director

Phil Leto Lectures

All the President's Men (and Women)

Wednesday, **April 7th** • 11:00 a.m. — Auditorium

Were President Biden's nominees to serve as the Secretaries of State, Defense, Treasury, Homeland Security, Attorney General and other important Cabinet positions confirmed by the Senate? Have any other notable figures emerged as major Biden advisors? How goes the implementation of policy regarding Covid, the economy, jobs, health care, the environment, China, Iran and other Presidential priorities? Have the first accusations of scandal or inappropriate behavior involving the new President or a member of his administration been made?

Mr. Chief Justice

Wednesday, **April 21st** • 11:00 a.m. — Auditorium

The Chief Justice serves as a spokesperson for the judicial branch, leads the business of the Supreme Court and presides over oral arguments. When the court renders a decision, he often decides who writes the opinion. Throughout our nation's history, men like John C. Marshall, Roger Taney, Earl Warren, Warren Burger, William Rehnquist and John Roberts have served as powerful, yet often anonymous leaders of a coequal branch of American government.

Eldercation with Harry Getzov

Burt Bacharach

Thursday, **April 15th** • 1:00 p.m. — Auditorium

Join Eldercation lecturer Harry J. Getzov for an entertaining program spotlighting Burt Bacharach. Learn about the six-time Grammy Award winning and three-time Academy Award-winning composer, songwriter, record producer, pianist and singer. He is known for so many hit songs and compositions from the late 1950s through the 1980s.

Edu-tainment with Wes Anthony

Glenn Miller & His Musical Legacy

Thursday, **April 8th** • 1:00 p.m. — Auditorium

Alton Glenn Miller was an American Big Band trombonist, arranger, composer and bandleader in the Swing era. He was the best-selling recording artist from 1939 to 1942, leading one of the best-known big bands. Miller's recordings include "In the Mood," "Moonlight Serenade," "Pennsylvania 6-5000," "Chattanooga Choo Choo," "String of Pearls"...and many more. In this lecture/performance you will see and hear the story of his musical career

Welcome Your Newest Friends to The Horizon Club!

Jack Dudak – Independent Living
Irene Fiorella – Assisted Living

Thanks for making our community your new home!

New Horizons

The Journal of Exceptional Retirement Living at The Horizon Club

A Note from Your Lifestyle 360 Director
Happy Spring, Happy Easter!

April has arrived, the flowers are blooming, birds chirping, spring breakers arriving, the temperature is climbing and spring is definitely in the air. While we are in the midst of loosening some of our restrictions, it is still mandatory to wear your mask around the facility, especially during activities. We are so very close to being through this, so let's all please do our part so we can continue to climb this mountain to greener pastures. As always, please pay attention to our bulletin boards for any upcoming events and, most importantly, any changes to the schedule.

We are happy to welcome back a couple of our familiar performers—**David Pedraza** and **Phil & Laurie Adams**. David will be serenading you once a month for the rest of the year on Saturday afternoons. I am also very excited to be bringing in **Wes Anthony**, whom we all know from his Dining Room performances, to present a Glenn Miller lecture featuring live music.

With April comes Easter and we will be holding a **candy bag "grab n' go"** event on **Easter Monday, the 5th**, at 11:30—just before lunch in the Bistro. **Beginners Spanish** will be resuming and will be held every **Tuesday**.

We have changed the name of Elissa's Universal Coaching Services to **Health Talk with Elissa**. If you have not attended one of her sessions, I highly recommend it. Upcoming topics are "Bowel Health for Seniors" and "The Truth about Food Additives."

If you are looking for some good laughs, our **Comedy Night** will be returning with a new headliner, **Dean Napolitano**.


You might also notice that we will be holding our first **Resident Council Town Hall meeting** in over a year! If you have any questions or concerns please bring them to this meeting.

I know there are a lot of changes happening so if you have any questions please feel free to reach out to the Activities Team at any moment.


As always, on behalf of the Activities Team, I would like to thank you for bearing with us through these difficult times. Stay healthy, happy, and always try to laugh each day! Oh yes, and always, always, always wash your hands. ☺

—Bradley Legere, Lifestyle360 Director

Spring HIGHLIGHTS



DAVID PEDRAZZA
Violist Concert Performance
Saturday, April 3rd
3:00 p.m. • Auditorium



WES ANTHONY
Glenn Miller Tribute
Thursday, April 8th
1:00 p.m.
Auditorium

THE HORIZON CLUB
1208 S. Military Trail • Deerfield Beach, FL 33442
(954) 481-2304





Rhoda Weinberger.....3rd
Gerald Goldberg5th
Grace Macchiaroli.....6th
Muriel Volper6th
Marilen Hartnett.....7th
Frances Pearlamm7th
Stephan Deutsch.....9th
Edna Wellert.....9th
Patricia Alpert.....12th
Bernice Brodlieb.....12th
Royce Nilson.....15th
John Brancke.....16th
Charlotte Fogel17th
Gene Greer18th
Nancy Vetter18th
Adeline Tabano.....19th
Frank Cavanaugh.....20th
Roslyn Hoffman.....20th
Barbara Kibel20th
Floyd Scher.....20th
Edward Warsetsky23rd
Carole Pattek24th
Jeane Schwartz.....25th
Leo Appel26th
Fred Macchiaroli28th

BUS SCHEDULE

PUBLIX

Wednesdays at 12:30 p.m.
 Fridays at 12:30 p.m.

WALMART

Sundays at 11:30 a.m.

Schedule subject to revision
 as adjustments are needed.
 Calendar subject to change.

SUN	MON	TUE	WED	THUR	FRI	SAT	
LOCATION KEY AO - Activities Office ACR - Arts & Crafts Room AUD - Auditorium CR - Card Room DR - Dining Room MR - Mail Room MR - Meditation Room SC - Shuffleboard Court					April Fool's Day 10:00 Joy of Movement w/Aileen (AUD) 11:30 Group Talk (ACR) 3:00 Knitting & Crochet Club (ACR) 4:00 Happy Hour (served at dinner) (DR)	Good Friday 10:00 Fitness & Balance w/ Tiffany (AUD) 11:30 Tricky Trivia & Name That Tune (AUD) 1:45 The Great Courses DVD Lessons (CR) 3:00 Friday Service (AUD)	10:30 Shuffleboard (open all day) (SC) 11:00 Meditate & Exercise w/Shirley (AUD) 2:00 Rummikub (CR) 3:00 Ent: David Pedraza (AUD) 4:00 Activity Packets (MR) 7:15 Meet & Greet Cards Play (CR)
Easter 10:00 Joy of Movement w/Aileen (AUD) 10:30 Shuffleboard (open all day) (SC) 2:00 Dinner Hours (1st Seating 2:00PM, 2nd Seating 3:45PM) (DR) 5:15 Meet & Greet Cards Play (CR)	10:00 Fitness & Balance w/ Tiffany (AUD) 11:30 Wii Bowling (ACR) 12:30 Meditate & Exercise w/Shirley (AUD) 1:30 Writing Workshop w/ Harry G. (ACR) 3:00 Dollar Bingo (AUD)	10:00 Joy of Movement w/Aileen (AUD) 10:30 Beginners Spanish w/Gema (CR) 11:00 Food Forum (AUD) 2:00 Current Events w/Art B. (AUD) 4:00 Happy Hour (served at dinner) (DR) 7:15 Comedian: Dean Napolitano (AUD)	10:00 Fitness & Balance w/ Tiffany (AUD) 11:00 Sterling Univ. Phil Leto (AUD) 11:30 Smart Phone Help (AO) 1:30 Creative Art w/Denise (CR) 3:00 Dollar Bingo (AUD) 4:00 Activity Packets (MR) 7:15 Board Game Night (CR)	10:00 Joy of Movement w/Aileen (AUD) 11:00 Activity Forum (AUD) 1:00 Wes Anthony Presents: Glen Miller (AUD) 3:00 Knitting & Crochet Club (ACR) 4:00 Happy Hour (served at dinner) (DR)	10:00 Fitness & Balance w/ Tiffany (AUD) 11:30 Tricky Trivia & Name That Tune (AUD) 1:45 The Great Courses DVD Lessons (CR) 3:00 Friday Service (AUD)	10:30 Shuffleboard (open all day) (SC) 11:00 Meditate & Exercise w/Shirley (AUD) 2:00 Rummikub (CR) 4:00 Activity Packets (MR) 7:15 Meet & Greet Cards Play (CR)	
10:00 Joy of Movement w/Aileen (AUD) 10:30 Shuffleboard (open all day) (SC) 2:00 Dinner Hours (1st Seating 2:00PM, 2nd Seating 3:45PM) (DR) 5:15 Meet & Greet Cards Play (CR)	10:00 Fitness & Balance w/ Tiffany (AUD) 11:00 Health Talk w/Elissa (AUD) 11:30 Wii Bowling (ACR) 12:30 Meditate & Exercise w/Shirley (AUD) 3:00 Dollar Bingo (AUD)	10:00 Joy of Movement w/Aileen (AUD) 10:30 Beginners Spanish w/Gema (CR) 11:30 Blackjack (AUD) 2:00 Current Events w/Art B. (AUD) 4:00 Happy Hour (served at dinner) (DR) 7:15 Ent: Cheryl Labriola (AUD)	10:00 Fitness & Balance w/ Tiffany (AUD) 11:00 Build Your Brain (AUD) 11:30 Smart Phone Help (AO) 1:30 Creative Art w/Denise (CR) 3:00 Dollar Bingo (AUD) 4:00 Activity Packets (MR) 7:15 Board Game Night (CR)	10:00 Joy of Movement w/Aileen (AUD) 11:30 Group Talk (ACR) 1:00 Harry G. Presents (AUD) 3:00 Knitting & Crochet Club (ACR) 4:00 Ent: Yoel Hyman (during dinner) (DR) 4:00 Happy Hour (served at dinner) (DR)	10:00 Fitness & Balance w/ Tiffany (AUD) 11:30 Tricky Trivia & Name That Tune (AUD) 1:45 The Great Courses DVD Lessons (CR) 3:00 Friday Service (AUD)	10:30 Shuffleboard (open all day) (SC) 11:00 Meditate & Exercise w/Shirley (AUD) 2:00 Rummikub (CR) 3:00 Ent: Flute, Trumpet & Harp Trio (AUD) 4:00 Activity Packets (MR) 7:15 Meet & Greet Cards Play (CR)	
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April 2021

Independent Living

1208 S. Military Trail Deerfield Beach, FL 33442

THE HORIZON CLUB

