



A Note from the Executive Director
New Visiting Guidelines

Dear Residents and Family Members,

Great news, our Visiting Guidelines have changed. Please read through this article to fully understand and appreciate the changes. Your cooperation is most appreciated as we continue to navigate these unprecedented times.

- All visits must be scheduled in advance. Please call or email **Garrett Skirvin** at **GSkirvin@5ssl.com** or myself at **MRutenis@5ssl.com** to schedule a visit for Independent Living only. Contact Cheryl Lione at **CLione@5ssl.com** for Assisted Living appointments.
- Visitors under 18 years of age are welcome but must be accompanied by an adult.
- Outdoor visits are still preferred but apartment visits are permitted except in situations in which the resident is not fully vaccinated and the county positivity rate is greater than 10%. Visits are also prohibited when the resident is positive of COVID-19 and in quarantine or has been exposed to a positive person.
- All visitors for Independent Living must enter and exit through the Main Entrance in Building 2.
- All Assisted Living visits must enter and exit through the Atrium entrance.
- We will continue to screen all visitors with temperature checks and questions/observations about signs and symptoms of COVID-19.
- Proper mask-wearing at all times and hand washing before and after a visit is required. If the resident and the visitor are BOTH vaccinated, you may remove your mask in the resident's apartment only.
- No visits in the indoor or outdoor common areas unless it's a designated visiting area. The only designated outdoor visiting area is the Tiki Hut in the Courtyard of Building 2 and the front patio at the Atrium. Indoor visitation areas are limited to apartments only.
- Please note that we reserve the right to cancel or discontinue a visit without notice in response to unexpected events, including visitors and residents that are non-compliant.
- All visits are limited to 1 hour for Independent Living and 45 minutes for Assisted Living.
- Limit 2 people per visit.
- Please note that state and local regulations take precedence over Five Star guidelines.

—Mary Beth Rutenis, Executive Director



Angelina Biase ...6th **Andrew Vlaco19th**
Frances Carney6th **Irene Baren27th**
Dennis Sturm7th



Don't miss our
April Birthday Party
Featuring Music by Shelly Brill
Wednesday, April 14th • 3:00 p.m. – Atrium

Find Out What's Going On
to Start Your Day
Calendar Review
Monday-Saturday

10:15 a.m. in the Atrium
Then, stay around for Exercise!

Welcome Your Newest Friends
to The Horizon Club!

Jack Dudak – Independent Living
Irene Fiorella – Assisted Living
Thanks for making our community your new home!

New Horizons

The Journal of Exceptional Retirement Living at The Horizon Club

A Note from Your Lifestyle 360 Director
Happy Spring, Happy Easter!

April has arrived, the flowers are blooming, birds chirping, spring breakers arriving, the temperature is climbing and spring is definitely in the air. While we are in the midst of loosening some of our restrictions, it is still mandatory to wear your mask around the facility, especially during activities. We are so very close to being through this, so let's all please do our part so we can continue to climb this mountain to greener pastures. As always, please pay attention to our bulletin boards for any upcoming events and most importantly any changes to the schedule.

We are very happy to see the return of our live music program and will continue to schedule some of our favorite entertainers every Wednesday afternoon. This is only the beginning of opening back up and we hope to continue to have it grow more and more.

With April also comes Easter and we will be holding a **candy bag "grab n' go"** event on Good Friday, the 2nd, at 1:30 p.m. in front of the Dining Room.

This month there will also be some added movie times into our schedule so everyone can watch their favorite movies with friends. We encourage you to get out of your comfort zone and come join all of the great activities we have planned for the month of April. These are exciting times and it seems like the finish line is in sight!

I know there are a lot of changes happening so if you have any questions please feel free to reach out to the Activities Team at any moment. As always, on behalf of the Activities Team, I would like to thank you for bearing with us through these difficult times. Stay healthy, happy, and always try to laugh each day!

Oh yes, and always, always, always, always wash your hands. ☺

—Bradley Legere, Lifestyle360 Director



THE HORIZON CLUB
 1208 S. Military Trail • Deerfield Beach, FL 33442
(954) 481-2304

Spring HIGHLIGHTS




GREAT SHOWS WITH YOUR FAVORITE ENTERTAINERS
MARY EILAND
NANCY SUZANNE
EDIE DICARO
WEDNESDAYS
3:00 P.M. • ATRIUM



SUN	MON	TUE	WED	THUR	FRI	SAT
LOCATION KEY ATRM - Atrium / Assisted Living				10:15 Calendar Review (ATRM) 1 10:30 Chair Aerobics (ATRM) 11:00 Daily Chronicle (ATRM) 11:15 Adult Creative Coloring (ATRM) 1:30 FUN Bingo (ATRM) 3:00 Afternoon Snack (ATRM) 3:15 Afternoon Movie (ATRM)	10:15 Calendar Review (ATRM) 2 10:30 Walk-n-Roll (ATRM) 11:00 Daily Chronicle (ATRM) 11:15 Learning w/Aquada (ATRM) 1:00 Easter Trivia (ATRM) 1:30 Free-Style Fridays (ATRM) 3:00 Afternoon Snack (ATRM)	10:15 Calendar Review (ATRM) 3 11:00 Cooldown Walk 11:30 Happy Easter Puzzles (ATRM) 1:30 Penny Bingo (ATRM) 3:00 Popcorn-n-Movie (ATRM)
8:30 Self Morning Prayer (In Room) 4 11:00 Activity Packets (In Room) 1:30 Balcony Reading (In Room) 3:00 In-House Melodies (Channel 827) (In Room)	10:15 Calendar Review (ATRM) 5 10:30 Fitness with Friends (ATRM) 11:00 Daily Chronicle (ATRM) 11:15 Tricky Trivia (ATRM) 1:30 Bingo (ATRM) 3:15 Fresh Fruit Social (ATRM)	10:15 Calendar Review (ATRM) 6 10:30 Chair Pilates (ATRM) 11:00 Daily Chronicle (ATRM) 11:15 Spelling Bee Buzz (ATRM) 1:30 Four Corners (ATRM) 3:00 Afternoon Snack (ATRM) 3:15 Rummikub (ATRM)	10:15 Calendar Review (ATRM) 7 10:30 Light Workout Get Fit (ATRM) 11:00 News-n-Views (ATRM) 1:30 Bingo (ATRM) 3:00 Afternoon Snack (ATRM) 3:00 Ent: Mary Eiland (Atrium)	10:15 Calendar Review (ATRM) 8 10:30 Chair Aerobics (ATRM) 11:00 Daily Chronicle (ATRM) 11:15 Creative Mind Arts (ATRM) 1:30 FUN Bingo (ATRM) 3:00 Afternoon Snack (ATRM) 3:15 Afternoon Movie (ATRM)	10:15 Calendar Review (ATRM) 9 10:30 Walk-n-Roll (ATRM) 11:00 Daily Chronicle (ATRM) 11:15 Adult Hangman (ATRM) 1:30 Free-Style Fridays (ATRM) 3:00 Afternoon Snack (ATRM)	10:15 Calendar Review (ATRM) 10 11:00 Cooldown Walk 11:30 Music Therapy (ATRM) 1:30 Penny Bingo (ATRM) 3:00 Popcorn-n-Movie (ATRM)
8:30 Self Morning Prayer (In Room) 11 11:00 Activity Packets (In Room) 1:30 Balcony Reading (In Room) 3:00 In-House Melodies (Channel 827) (In Room)	10:15 Calendar Review (ATRM) 12 10:30 Fitness with Friends (ATRM) 11:00 Daily Chronicle (ATRM) 11:15 Advanced Trivia (ATRM) 1:30 Bingo (ATRM) 3:15 Pie Favorites Social (ATRM)	10:15 Calendar Review (ATRM) 13 10:30 Chair Pilates (ATRM) 11:00 Daily Chronicle (ATRM) 11:15 Brain Fitness (ATRM) 1:45 Food Forum/Resident Meeting (ATRM) 3:00 Afternoon Snack (ATRM) 3:15 Rummikub (ATRM)	10:15 Calendar Review (ATRM) 14 10:30 Light Workout Get Fit (ATRM) 11:00 News-n-Views (ATRM) 1:30 Bingo (ATRM) 3:00 Afternoon Snack (ATRM) 3:00 April Birthday Party w/ Shelly Brill (ATRM)	10:15 Calendar Review (ATRM) 15 10:30 Chair Aerobics (ATRM) 11:00 Daily Chronicle (ATRM) 11:15 Morning Trivia (ATRM) 1:30 FUN Bingo (ATRM) 3:00 Afternoon Snack (ATRM) 3:15 Afternoon Movie (ATRM)	10:15 Calendar Review (ATRM) 16 10:30 Walk-n-Roll (ATRM) 11:00 Daily Chronicle (ATRM) 11:15 Scattergories (ATRM) 1:30 Free-Style Fridays (ATRM) 3:00 Afternoon Snack (ATRM)	10:15 Calendar Review (ATRM) 17 11:00 Cooldown Walk 11:30 Creative Writing (ATRM) 1:30 Penny Bingo (ATRM) 3:00 Popcorn-n-Movie (ATRM)
8:30 Self Morning Prayer (In Room) 18 11:00 Activity Packets (In Room) 1:30 Balcony Reading (In Room) 3:00 In-House Melodies (Channel 827) (In Room)	10:15 Calendar Review (ATRM) 19 10:30 Fitness with Friends (ATRM) 11:00 Daily Chronicle (ATRM) 11:15 Simple Trivia (ATRM) 1:30 Bingo (ATRM) 3:15 Cookies Social (ATRM)	10:15 Calendar Review (ATRM) 20 10:30 Chair Pilates (ATRM) 11:00 Daily Chronicle (ATRM) 11:15 Build Your Brain (ATRM) 1:30 Four Corners (ATRM) 3:00 Afternoon Snack (ATRM) 3:15 Group Talk (ATRM)	10:15 Calendar Review (ATRM) 21 10:30 Light Workout Get Fit (ATRM) 11:00 News-n-Views (ATRM) 1:30 Bingo (ATRM) 3:00 Afternoon Snack (ATRM) 3:00 Ent: Nancy Suzanne (ATRM)	10:15 Calendar Review (ATRM) 22 10:30 Chair Aerobics (ATRM) 11:00 Daily Chronicle (ATRM) 11:15 Adult Hangman (ATRM) 1:30 FUN Bingo (ATRM) 3:00 Afternoon Snack (ATRM) 3:15 Afternoon Movie (ATRM)	10:15 Calendar Review (ATRM) 23 10:30 Walk-n-Roll (ATRM) 11:00 Daily Chronicle (ATRM) 11:15 Jingo (ATRM) 1:30 Free-Style Fridays (ATRM) 3:00 Afternoon Snack (ATRM)	10:15 Calendar Review (ATRM) 24 11:00 Cooldown Walk 11:30 Word Search Mania (ATRM) 1:30 Penny Bingo (ATRM) 3:00 Popcorn-n-Movie (ATRM)
8:30 Self Morning Prayer (In Room) 25 11:00 Activity Packets (In Room) 1:30 Balcony Reading (In Room) 3:00 In-House Melodies (Channel 827) (In Room)	10:15 Calendar Review (ATRM) 26 10:30 Fitness with Friends (ATRM) 11:00 Daily Chronicle (ATRM) 11:15 Group Trivia (ATRM) 1:30 Bingo (ATRM) 3:15 Pizza Party (ATRM)	10:15 Calendar Review (ATRM) 27 10:30 Chair Pilates (ATRM) 11:00 Daily Chronicle (ATRM) 11:15 Math Mania (ATRM) 1:30 Four Corners (ATRM) 3:00 Afternoon Snack (ATRM) 3:15 Nutritional Nook (ATRM)	10:15 Calendar Review (ATRM) 28 10:30 Light Workout Get Fit (ATRM) 11:00 News-n-Views (ATRM) 1:30 Bingo (ATRM) 3:00 Afternoon Snack (ATRM) 3:00 Ent: Edie DiCaro (ATRM)	10:15 Calendar Review (ATRM) 29 10:30 Chair Aerobics (ATRM) 11:00 Daily Chronicle (ATRM) 11:15 Horticulture Therapy (ATRM) 1:30 FUN Bingo (ATRM) 3:00 Afternoon Snack (ATRM) 3:15 Afternoon Movie (ATRM)	10:15 Calendar Review (ATRM) 30 10:30 Walk-n-Roll (ATRM) 11:00 Daily Chronicle (ATRM) 11:15 Scattergories (ATRM) 1:30 Free-Style Fridays (ATRM) 3:00 Afternoon Snack (ATRM)	 Lifestyle360

April 2021

Assisted Living
 1208 S. Military Trail Deerfield Beach, FL 33442

Calendar subject to change.

THE HORIZON CLUB

