

April Horoscopes and Birthdays

In astrology, those born between April 1–19 are Aries' Rams. As the first sign of the zodiac, Aries are energetic initiators. With bravery, zeal, and speed, they jump headfirst into life, confident they can navigate any challenges. Those born between April 20–30 are Taurus' Bulls. Bulls are hardworking, ambitious, honest, and dedicated to finishing tasks. Once the work is done, a Taurus fully expects to enjoy their rewards for a job well done.



Notable Quotable

"I think the reason I was successful is that I was never cynical."

~ Carol Burnett, comedienne

Upcoming Events

We have some special events coming up in honor of Spring and warmer weather! Please join us for the following:

On Easter Sunday at 2:30pm, join us in the AZ room for some egg dying and egg decorating!

On Wednesday, April 18th at 4:00pm, we will be going on an outing to see Paulette perform at the Prescott Library, doing many different characters and voices!

PB&J Day

Before the average American finishes high school, they will have consumed 2,000 PB&Js. April 2 is Peanut Butter and Jelly Day in honor of this ubiquitous sandwich staple. When did this sandwich achieve celebrity status? The first record of peanut butter and jelly on bread came in 1901, when Julia David Chandler mentioned the recipe in a book detailing the preparation of finger sandwiches for small parties. She wrote, "The combination is delicious, and, so far as I know, original." Then, in 1922, Joseph



Resident's Birthdays:

- Harry A. April 5th
- Betty H. April 7th
- Ruth H. April 8th
- Robert K. April 17th
- Jacque T. April 23rd
- Muriel M. April 29th

On Saturday, April 21st, at 10am we will have a Family and Friends Greenhouse Opening Party and Grill out. Feel free to bring a potted plant to put in our greenhouse, or come as you are with loved ones and enjoy the spring weather and delicious food. RSVP for any guests at the front desk by Friday, April 13th.



Rosefield transformed the peanut butter industry by devising a method to keep peanut butter from separating into peanuts and oil. He called his new peanut butter *Skippy*. At the same time, American manufacturing evolved to mass produce peanut butter and lower the cost, making it affordable to all. When sliced bread was invented in 1928, sandwiches became easier to make and, thanks to lobbying efforts by the peanut butter industry, the PB&J sandwich became standard fare in lunchboxes around the country.

The Grapevine

April 2018



Granite Gate Senior Living
A Five Star Community
3850 N US Hwy 89
Prescott, AZ 86301
928-771-8200

Celebrating April

Jazz Appreciation Month

Physical Wellness Month

Easter April 1

World Party Day April 3

Barbershop Quartet Day April 11

National Coin Week April 15–21

Earth Day April 22

Richter Scale Day April 26

Family Night Dinner

We had an awesome time hosting our St. Patrick's Day family night buffet on Thursday, March 15th. We had over 50 family members and friends come celebrate with their loved ones; it was great meeting everyone during this festive time. Here are some photos from the event:



A Pocketful of Poetry

If you are unsure of how to celebrate Poetry Month in April, then just wait until April 26, Poem in Your Pocket Day. On this day, choose a poem and carry it with you all day to work, to school, out shopping, or anywhere you may go. You may choose to share it with others or keep it to yourself, but the power of the poem will be with you all day. Perhaps you will choose a celebration of life, such as Walt Whitman's *Full Of Life, Now,*

a hymn to nature, such as John Clare's *All Nature Has a Feeling*; a poem about poetry like Archie MacLeish's *Ars Poetica*; or a unique take on love, such as *Heart to Heart* by Rita Dove. Perhaps you won't choose a poem at all but your favorite song lyrics, which you can sing to everyone you meet. Remember, poems, like songs, are meant to be heard, so do not shy away from sharing your special words.

A Bell Cast Into History



Big Ben is the name of the bell and not the clock tower itself, which is named Elizabeth Tower.

Big Ben, the famous bell housed in the Clock Tower of London's Palace of Westminster, is a British icon. Tourists flock to the place so they can hear it ring out. Big Ben has rung even during the worst of times, such as the Blitz, Germany's eight-month bombardment of London during World War II. On April 10, Big Ben will ring out still another milestone, for it will turn 160 years old.

The story of Big Ben begins on October 16, 1834, when fire destroyed the Palace of Westminster, the seat of Britain's government. While the palace was being rebuilt, it was decided that it needed a clock tower. The tower's design fell to George Airy, Astronomer Royal, and Edmund Beckett Denison, a lawyer and self-described expert on clocks and bells. Denison designed the first bell for the tower, including its unique shape and the metal with which it

was cast. The 16-ton behemoth did not last long: it cracked under its first test. It was then that Denison turned to Whitechapel Bell Foundry to cast a new bell.

George Mears was the master bellfounder who undertook the re-casting of Big Ben on April 10, 1858. Mears tested the bell in every way possible before Denison allowed it to leave the foundry, and it left for the Palace of Westminster with great fanfare, pulled by horses along crowded streets. Big Ben would not ring out until a year later on May 31, 1859. Sir Benjamin Hall, known as "Big Ben," gave a long speech during a debate about what to call the bell. When at last he sat down, members shouted out that the bell be dubbed "Big Ben." Just two months later, Big Ben cracked, the result of a hammer more than twice the necessary weight designed by Denison. Big Ben was simply turned, and the sound we hear is that distinct, less-than-perfect tone.

Craft-Time Becomes Cherished Gifts

We have seen an upward trend in participation during Saturdays craft time; but no one would have predicted how crafts have affected the participants in such a positive way. "We aim to make crafts an enjoyable time to socialize, laugh, and hang out on a relaxing Saturday morning." Kaitlyn and Mandy work very hard to find crafts that are elegant, simple, and fun. Thanks to all who have participated so far, and if you haven't, please come on Saturdays in the AZ room starting at 10:30am.



Look by the community outing binder near the front desk for an example of next Saturday's craft!

Of Gum and Gumption



The United States is second only to Turkey as the country with the most gum companies.

The Wrigley Company may be the world's largest manufacturer of chewing gum, but when the company was founded on April 1, 1891, by William Wrigley Jr., its primary business was selling soap. Wrigley journeyed from Philadelphia to Chicago with just \$32 in his pocket and an innovative idea to offer free baking soda with every purchase of his Wrigley's Scouring Soap. This business model proved so

successful that he later went into the baking soda business, now offering two free packages of chewing gum for every can of baking soda he sold. Once again, his free giveaway proved more popular than the original product, and he ended up dedicating his company entirely to gum, a move that not only made him his fortune but made "Wrigley" a household name in Chicago and beyond.

Dutch Brother's are back!

Jazmin from the Dutch Brother's coffee shop returned to Granite Gate with delicious coffee and homemade hot chocolate for all to enjoy. We surprised her with a giant sign that read "We Love Dutch Bro's" and a thank you note for her and her team. Thanks Dutch Bro's for your wonderful service to the Quad-city area and Granite Gate!



Transportation



Our Transportation team really enjoys getting to know our residents and helping in any way they can!

We offer transportation services for medical appointments as well as shopping trips, and our drivers look forwards to taking you where ever you need to go. Here are some things to keep in mind:

Medical appointments should be scheduled Monday-Thursday between 8am-3pm, and on Fridays if necessary. Please make sure to let the front desk know about your appointment at least 24 hours in advance so we can schedule a ride for you. If you schedule your appointments months in advance, you can still turn in a sheet early

so that you can feel peace of mind that it's all taken care of.

Shopping trips run Monday-Thursday at 1:15 till about 3:00pm, and we go to many different places such as Walmart, fry's, Trader Joe's, the Mall, CVS, Wells Fargo, etc. We also have Wednesdays as errand of choice, where you can go anywhere in prescott for hair appointments, shopping, or errands in general.

Finally, keep checking the community outing binder for fun outings and events!