



Forwood Manor—A Five Star Quality Care Full-Service Retirement Community—1912 Marsh Rd., Wilmington, DE 19810 (302)529-1600

Sun	Mon	Tue	Wed	Thu	Fri	Sat
SEPTEMBER RESIDENT BIRTHDAYS 05 LEORA 12 BETTY 07 GWEN 14 STAN 09 JANE 15 MARIE 10 JOE 19 EVA 24 ELEANOR 24 RICHARD 27 ALEX			1 9, 9:30 & 10am: Branmar Shop. 11:00am: Randy Reads Aloud(LIB) 1:30PM: Bible Study (ML)2:45pm: 2:45pm: Word Games(CR) 6:45pm: Movie in The Lounge(ML)	2 10am: Chair Aerobics w/ Danielle(ML) 11am: Lunch at Ches Del Restaurant 4pm: Happy Hour (ML) 6:45pm: Bingo(ML)	3 10am: Chair Exercise(ML) 11am: Catholic Mass w/ Msgr. Lemon(ML) 1pm: Acme at F&N Shopping 1:30pm: Blackjack(ML)	4 1:30pm: Resident Social w/ MOD(LGE) 7:00pm: Movie on Ch 99 MOD—TBA
5 8am—Noon: Church Trans. 10am: Interdenominational Worship(ML) 11am: Catholic Worship(ML) 3:00pm: Movie on Ch 99 MOD—TBA	6 10am: Chair Exercise(ML) 1:30pm: Canasta(DL) 1:30pm: Knit/Crochet Grp(CR) LABOR DAY	7 10-11:30am Blood Press. (WC) 10am: Chair Aerobics w/Danielle (ML) 10:20am: Meditation/Relax. (ML) 1:30pm: WII Bowling(ML) 4pm: Happy Hour (LGE) 6:30pm: Sing Along-Jan & Randy	8 9, 9:30 & 10am: Branmar Shop. 11:00am: Randy Reads Aloud(LIB) 1:30PM: Bible Study (ML) 2:45pm: Word Games(CR) 6:45pm: Movie in The Lounge(ML)	9 10am: Chair Aerobics w/ Danielle(ML) 1pm: Harrahs Casino/Track 6:45pm: Bingo(ML) ROSH HASHANAH	10 10am: Booths Corner Shop. 10am: Chair Exercise(ML) 1pm: Shop Rite Shopping 1:30pm: Blackjack(ML) 4pm: Happy Hour (ML)	11 1:30pm: Resident Social w/ MOD(LGE) 7:00pm: Movie on Ch 99 MOD—TBA
12 8am—Noon: Church Trans. 10am: Interdenominational Worship(ML) 11am: Catholic Worship(ML) 11:30am -3pm: MARKETING OPEN HOUSE 3:00pm: Movie on Ch 99 MOD—TBA	13 10am: Chair Exercise(ML) 10:00AM: Trip to County Library 1:30pm: Canasta(DL) 1:30pm: Knit/Crochet Grp(CR)	14 10am: Chair Aerobics w/Danielle (ML) 10:20am: Meditation/Relaxation (ML) 1:30pm: WII Bowling(ML) 4pm: Happy Hour(ML)	15 9, 9:30 & 10am: Branmar Shop. 11:00am: Randy Reads Aloud(LIB) 11:30am: Lunch & Learn: "Medication Management (LGE) 1:30PM: Bible Study (ML) 2:45pm: Word Games(CR) 6:45pm: Movie in The Lounge(ML)	16 10am: Chair Aerobics w/Danielle(ML) 10:45am: Res Din Ser Mtg(ML) 12pm: Resident Birthday Luncheon(DR) 4-6:30pm: Forwood Manor's Com- munity End of Summer Fair (WL) 6:45pm: Bingo(ML)	17 10am: Concord Mall Shop. 10am: Chair Exercise(ML) 1pm: Acme at F&N Shopping 1:30pm: Blackjack(ML) No Happy Hour Today	18 1:30pm: Resident Social w/ MOD(LGE) 7:00pm: Movie on Ch 99 MOD—TBA YOM KIPPUR
19 8am—Noon: Church Trans. 10am: Interdenominational Worship(ML) 11am: Catholic Worship(ML) 3:00pm: Movie on Ch 99 MOD—TBA	20 10am: Chair Exercise(ML) 10:30am: Target Shopping 1:00pm: Movies at Regal Cinemas 1:30pm: Canasta(DL) 1:30pm: Knit/Crochet Grp(CR)	21 10am: Chair Aerobics w/Danielle (ML) 10:20am: Meditation/Relaxation(ML) 2:00pm: Catholic Mass with Father Fahey(ML) 4pm: Happy Hour(ML) 6:30pm: David Zipse, Pianist in Concert(LR)	22 9, 9:30 & 10am: Branmar Shop. 11:00am: Randy Reads Aloud(LIB) 1:30PM: Bible Study (ML) 2:45pm: Word Games(CR) 6:45pm: Movie in The Lounge(ML)	23 10am: Chair Aerobics w/ Danielle(ML) 11am: Mystery Lunch Trip 4pm: Happy Hour (ML) 6:45pm: Bingo(ML) AUTUMN BEGINS	24 10am: Dollar Store Shop. 10am: Chair Exercise(ML) 1pm: Shop Rite Shopping 1:30pm: Blackjack(ML) 4pm: Happy Hour (ML)	25 1:30pm: Resident Social w/ MOD(LGE) 7:00pm: Movie on Ch 99 MOD—TBA
26 8am—Noon: Church Trans. 10am: Interdenominational Worship(ML) 11am: Catholic Worship(ML) 3:00pm: Movie on Ch 99 MOD—TBA	27 10am: Chair Exercise(ML) 10:30am: Trader Joe's Shop- ping 1:30pm: Canasta(DL) 1:30pm: Knit/Crochet Grp(CR)	28 10am: Chair Aerobics w/Danielle (ML) 10:20am: Med/Relaxation(ML) 1:30pm: WII Bowling(ML) 4pm: Happy Hour(ML) 6:45pm: Movie in the Lounge(ML)	29 9, 9:30 & 10am: Branmar Shop. 11:00am: Randy Reads Aloud(LIB) 1:30PM: Bible Study (ML)2:45pm 2:45pm: Word Games(CR) 6:30pm: June Rietdorf & Marion Chau—Piano for Four Hands Con- cert(LR)	30 10am: Chair Aerobics w/ Danielle(ML) 12pm: OKTOBERFEST LUNCH (LGE) 4pm: Happy Hour (ML) 6:45pm: Bingo(ML)	LOCATION KEY CR Craft Room DL Dickinson Lounge DR Dining Room GAZ Gazebo LIB Library LR Living Room ML Mini Lounge WC Wellness Center	