

Morningside Banner



Morningside of Athens Assisted Living 1291 Cedar Shoals Dr. (706)227-0919 morningsideofathens.com

Celebrating June

Iced Tea Month

**Dairy & Dairy Alternative
Month**

Hurricane Season Begins
June 1

Donut Day
June 4

World Environment Day
June 5

Fishing & Boating Week
June 5-13

Clay Week
June 13-19

Power of a Smile Day
June 15

World Juggling Day
June 19

Father's Day
June 20

First Day of Summer
June 21

What's Happenin'?

- ❖ From Saturday, June 5th to Sunday, June 13th all laundry will be managed by the Resident Assistants. Selena is taking a vacation on the given dates and will return on June 14th. Please remember Selena and her family in your thoughts and prayers as they travel.
- ❖ The new summer menu will begin in the coming weeks. If you have any questions, comments, or simply want to see what is on the menu, ask Marie for assistance. She can fill you in on what will be filling you up!

Special Activities in June

Cool down! Join us in the living room on June 9th at 2:00 for an **ICE CREAM** social with the Senior Life Enrichment Center.

We're cruisin' this summer! Don't forget the **joyride** coming up on June 11th at 2:00.

In honor of **Father's Day** on June 20th, Brett is doing a special **Men's Club** at 12:15. Please invite your sons/grandsons/great-grandsons.

Mark your calendars- We're having lunch at the **Botanical Gardens** at 11:30 on June 25th.

Happy birthday to the June babies! Come to the Morningside **Birthday Party** on June 29th at 11:30.

The First Father's Day



It was a daughter who proposed the first Father's Day in June of 1909. Mother's Day was a popular holiday, but Mrs. John Dodd of Washington State wanted a day to honor her father, William Smart. When William Smart's wife died in childbirth, he

was left to raise his six children all alone. Only when she was older did Mrs. Dodd realize how much strength and dedication it took for her dad to raise six children.

At first, the idea of a Father's Day was laughed at. Although Father's Day was celebrated for the first time in Spokane, Washington, on June 19, 1910, it wasn't until 1924 that President Calvin Coolidge supported the idea, and it wasn't until 1966 that President Lyndon Johnson declared it a national holiday.

Quote of the Month

Watch your thoughts; they become words. Watch your words; they become actions. Watch your actions; they become habits. Watch your habits; they become character. Watch your character; it becomes your destiny." Patrick Overton, *author, educator and speaker*

June Birthdays

If you were born from May 21-June 21 you are a Gemini, the twins. If you were born from June 22-July 22, you are a Cancer, the crab. Geminis are complex and dual-natured. Like children, they are lively, happy, and love to explore new things. A Cancer can be highly emotional, caring, generous, and intuitive. Cancers are great supports for family and friends, being both soothing and nurturing.

Morgan Freeman (actor)	June 1, 1937
Rafael Nadal (tennis champion)	June 3, 1986
Gwendolyn Brooks (poet)	June 7, 1917
Michael J. Fox (actor)	June 9, 1961
Tara Lipinski (figure skater)	June 10, 1982
Jim Nabors (actor)	June 12, 1930
Donald Trump (business mogul)	June 14, 1946
Prince William (British royalty)	June 21, 1982
Alan Turing (mathematician)	June 23, 1912
Jack Dempsey (prizefighter)	June 24, 1895
Sonia Sotomayor (Justice)	June 25, 1954
Peter Lorre (actor)	June 26, 1904



Special Thanks!

Thank-you to Mrs. Jane Cleveland for donating food to all of our functions! We couldn't do it without you!

Welcome to the Family

Please be sure to welcome our newest residents to Morningside:
Mrs. Thompson
Mr. Adduce

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