


Aspenwood - September 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>ACTIVITY LOCATION KEY: AC: Activity Center CC: Computer Center CY: Courtyard FD: Fireside Dining Room GR: Game Room L: Lobby MP: Multi-Purpose Room P: Porch</p>	<p>LOCATION KEY (cont'd): RC: Rehabilitation Center SL1: Social Lounge, 1st Floor SL2: Social Lounge, 2nd Floor WW: Wedgwood (Assisted Living Dining Room) OL: Overlook Lounge</p> <p><i>Please check daily board for updates. Thank you.</i></p>		<p>9:30 Board Bus for Outing 1 to Allnutt Farm 10:00 Wii Bowling - SL1 11:00 Mind Benders - SL1 1:00 Aquacise - RC 2:00 BINGO - 25¢ - AC 3:00 Stretch & Tone - MP 3:45 News Currents - MP</p>	<p>10:00 Word Search - SL1 2 11:00 Shop: Aspen Hill 11:00 Yoga with Victoria - MP 12:45 Sing with Frank - FD 1:30 Arthritis Foundation Exercise Class - SL2 3:00 Book Reading - SL1 4:00 Crab Feast - \$35 - AC 6:45 Pokeno - 10¢ - AC CRAB FEAST</p>	<p>10:00 Mind Benders - L 3 10:30 Catholic Rosary-SL2 11:00 Current Events - SL1 11:00 Plaza del Mercado 2:00 Fashion Show & Tea with Taylor Marie - FD 3:00 Stretch & Tone - MP 3:45 Shabbat Shalom - OL 7:00 Movie - SL2</p>	<p>9:30 Leisure World Plaza 4 10:00 Men at Work - SL2 10:30 Scenic Ride 11:00 Grab Bag Reminiscing - SL2 12:00 Aquacise - RC 2:00 BINGO - 25¢ - AC 3:00 Stretch and Tone - MP 4:00 Let's Chat- Lobby 7:00 Movie - MP</p>
<p>10:45 Inspirational Video 5 - MP 11:00 Hymns & Prayers - SL2 12:00 BINGO for Prizes - SL2 1:00 Sunday Dinner 3:00 Wheel of Fortune - AC 4:15 Social with Gail- AC 5:00 Movie - MP NATIONAL CHEESE PIZZA DAY</p>	<p>10:00 Wii Bowling - SL1 6 11:00 Patriotic Games - SL1 2:00 BINGO - 25¢ - AC 3:00 Stretch & Tone - MP 3:45 Documentary - MP</p> <p style="text-align: center;">LABOR DAY</p>	<p>10:30 Catholic Communion - SL1 11:00 Crossword Puzzle - AC 12:30 Deena Sings - WW 1:30 Arthritis Foundation Exercise Class - MP 3:15 Happy Hour in Bistro 6:45 Pokeno - 10¢ - AC</p>	<p>10:00 Scenic Ride 8 10:00 Wii Bowling - SL1 11:00 Trivia - SL1 11:30 Lunch Outing to China Gourmet 1:00 Aquacise - RC 2:00 BINGO - 25¢ - AC 3:00 Stretch & Tone - MP 3:45 News Currents - MP</p>	<p>10:00 Word Search - SL1 9 11:00 Shop: Aspen Hill 11:00 Yoga with Victoria - MP 12:45 Sing with Frank -FD 1:30 Arthritis Foundation Exercise Class - SL2 3:00 Book Reading - SL1 6:45 Pokeno - 10¢ - AC ROSH HASHANAH</p>	<p>10:00 Name Ten - L 10 10:30 Catholic Rosary -SL2 11:00 Current Events - SL1 11:00 Plaza del Mercado 1:00 Aquacise - RC 2:00 Chat with Helen - SL1 3:00 Stretch & Tone - MP 3:45 Shabbat Shalom - OL 7:00 Movie - SL2 ROSH HASHANAH</p>	<p>9:30 Leisure World Plaza 11 10:00 Patriotic Video & Music-SL2 10:30 Scenic Ride 11:00 Make Treasure Boxes - SL2 12:00 Aquacise - RC 2:00 BINGO - 25¢ - AC 3:00 Stretch and Tone - MP 4:00 Let's Chat - Lobby 7:00 Movie - MP REMEMBER 9-11-2001</p>
<p>10:45 Inspirational Video 12 - MP 11:00 Hymns & Prayers - SL2 12:00 Wheel of Fortune - AC 1:00 Sunday Dinner 3:00 Celebrate Opening Day of the Football Season with Gail in Activity Center 5:00 Movie - MP GRANDPARENTS DAY NATIONAL ASSISTED</p>	<p>10:00 Wii Bowling - SL1 13 11:00 Mind Benders - SL1 11:00 Plaza del Mercado 1:00 Activity Planning - AC 2:00 Bible Study - SL1 3:00 Stretch & Tone - MP 3:45 BINGO - 25¢ - AC</p> <p style="text-align: center;">LIVING WEEK</p>	<p>10:00 Catholic Mass 14 - SL1 11:00 John Scuderi on the Saxophone - SL2 1:30 Arthritis Foundation Exercise Class - MP 3:15 Meet and Greet and Martinis in the Bistro 4:00 Yoga with Susan - MP 6:45 Pokeno - 10¢ - AC</p>	<p>9:45 Visit Hillwood 15 Lunch at Hillwood Cafe 10:00 Wii Bowling - SL1 10:00 Mind Benders - AC 11:00 Health Seminar - SL2 2:00 Food Forum - SL1 3:00 Stretch & Tone - MP 3:45 BINGO - 25¢ - AC</p>	<p>10:00 Word Search-SL1 16 11:00 Shop: Aspen Hill 11:00 Yoga with Victoria - MP 12:00 Chicken Cookout - \$4 - WW 12:45 Sing with Frank - FD 1:30 Arthritis Foundation Exercise Class - SL2 2:00 Torah Study - AC 3:00 Book Reading - SL1 6:45 Pokeno - 10¢ - AC</p>	<p>10:00 Finishing Lines- L 17 10:30 Catholic Rosary - SL2 11:00 Current Events - SL1 11:00 Plaza del Mercado 2:00 Don Lipman - MP Sun, Seas, and Storms 3:00 Stretch & Tone - MP 3:45 Shabbat Shalom - OL 7:00 Movie - SL2 KOL NIDRE</p>	<p>9:30 Leisure World Plaza 18 10:00 Royal Tea Party and Finish the Phrases - SL2 10:30 Scenic Ride 11:00 What Is Yom Kippur? - SL2 12:00 Aquacise - RC 2:00 BINGO - 25¢ - AC 3:00 Stretch and Tone - MP 4:00 Let's Chat- Lobby 7:00 Movie - MP YOM KIPPUR</p>
<p>10:45 Inspirational Video 19 - MP 11:00 Hymns & Prayers - SL2 12:00 BINGO for Prizes - SL2 1:00 Sunday Dinner 3:00 Wheel of Fortune - AC 4:15 Social with Gail- AC 5:00 Movie - MP</p>	<p>10:00 Wii Bowling - SL1 20 11:00 Word Games - SL1 11:00 Plaza del Mercado 1:00 Aquacise - RC 2:00 Bible Study - SL1 3:00 Stretch & Tone - MP 3:45 BINGO - 25¢ - AC</p>	<p>10:30 Catholic Communion - SL1 11:00 Crossword Puzzle - AC 1:30 Arthritis Foundation Exercise Class - MP 2:00 Pisca Jiaor Performs-B 3:15 Sangria Social - Bistro 4:00 Yoga with Susan - MP 6:45 Pokeno - 10¢ - AC *</p>	<p>10:00 Scenic Ride 22 10:00 Wii Bowling - SL1 11:00 Mind Benders - SL1 11:45 Lunch: Ambrosia 1:00 Aquacise - RC 2:00 BINGO - 25¢ - AC 3:00 Stretch & Tone - MP 3:45 News Currents - MP FIRST DAY OF AUTUMN</p>	<p>10:00 Word Search-SL1 23 11:00 Shop: Aspen Hill 11:00 Yoga with Victoria - MP 12:45 Sing with Frank - FD 1:30 Arthritis Foundation Exercise Class - SL2 2:00 Crafts with Beth - AC 3:00 Book Reading - SL1 6:45 Pokeno - 10¢ - AC</p>	<p>10:00 Name Ten - L 24 10:30 Catholic Rosary - SL2 11:00 Current Events - SL1 11:00 Plaza del Mercado 1:00 Aquacise - RC 2:00 Music Appreciation - AC 3:00 Stretch & Tone - MP 3:45 Shabbat Shalom - OL 7:00 Movie - SL2</p>	<p>9:30 Leisure World Plaza 25 10:00 Moving to Music - SL2 10:30 Scenic Ride 11:00 Arts and Crafts - SL2 2:00 Broadway-Bound-AC*** Special Event with Gail 3:30 Broadway BINGO-25¢-AC 7:00 Movie - MP</p>
<p>10:45 Inspirational Video 26 - MP 11:00 Hymns & Prayers - SL2 12:00 BINGO for Prizes - SL2 1:00 Sunday Dinner 3:00 Wheel of Fortune - AC 4:15 Social with Gail- AC 5:00 Movie - MP JOHNNY APPLESEED'S B'DAY</p>	<p>10:00 Wii Bowling - SL1 27 11:00 Celebrate Sukkot-CY 11:00 Plaza del Mercado 1:00 Aquacise - RC 2:00 Bible Study - SL1 3:00 Stretch & Tone - MP 3:45 BINGO - 25¢ - AC</p>	<p>10:30 Catholic Communion - SL1 11:00 Crossword Puzzle - AC 11:00 Arthritis Foundation Exercise Class - SL2 1:30 Birthday Party with Dale Jarrett - FD 2:45 Resident Council - FD 4:00 Yoga with Susan - MP 6:45 Pokeno - 10¢ - AC</p>	<p>9:30 Mystery Outing 29 Watch for Clues 10:00 Wii Bowling - SL1 11:00 Trivia - SL1 1:00 Aquacise - RC 2:00 Rosa Weinstein - FD 3:00 Stretch & Tone - MP 3:45 BINGO - 25¢ - AC</p>	<p>10:00 Word Search -SL1 30 11:00 Shop: Aspen Hill 11:00 Yoga with Victoria - MP 12:45 Sing with Frank - FD 2:00 Master Gardeners-SL2 3:00 Book Reading - SL1 6:45 Pokeno - 10¢ - AC</p>	<p>David Barwell, Audiologist On call throughout the month Dr. Michael Herbst Podiatrist Second Monday each month Beauty/Barber Shop Tuesdays and Thursdays Mobile Post Office Every Tuesday from 1:15 - 1:55 p.m.</p>	<p>BIRTHDAYS Thomas 9/1 Hilda 9/25 Eugene 9/4 Ellen 9/27 Doris 9/4 Hazel 9/30 Florence 9/6 Richard 9/7 Pearl 9/8 Laura 9/9 Nancy 9/12 Neil 9/15 Hermine 9/19 Evelyn 9/24</p>