

































# Aspenwood Activities - November 2009

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:45 Inspirational Video - MP <b>1</b> 11:00 Hymns & Prayers - SL2 12:00 Laugh Out Loud - L <b>1:00 Sunday Dinner</b>  3:00 Stretch & Tone - MP 3:30 Wheel of Fortune - AC <b>4:15 Peach Cobbler - AC</b> 5:00 Movie - MP <b>FALL BACK DAY-TIME CHANGE</b>	10:00 Wii Bowling - SL1 <b>2</b> 11:00 Name Ten - SL1 <b>11:00 Plaza del Mercado</b> 2:00 Bible Study - SL1 3:00 Stretch & Tone - MP 3:45 Armchair Travels - MP Everest 7:00 BINGO - 25¢ - AC 	10:00 Sing-Along - L <b>3</b> <b>10:30 Communion - MP</b> 11:30 Arthritis Foundation Exercise Program - MP <b>12:00 Music with Deena - WW</b> 2:00 Outreach Crafters - AC <b>3:00 Montagu Party - Bistro</b> 4:00 Yoga with Susan - MP 6:45 Pokeno - 10¢ - AC <b>SANDWICH DAY</b> 	9:45 Brookside Gardens <b>4</b> <b>Chrysanthemum Exhibit</b> 10:00 Trivia - SL1 <b>11:30 Lunch at O'Donnell's</b> 1:00 Wii Bowling - SL1 3:00 Stretch & Tone - MP 4:00 Play Readers - AC Everyone Welcome 7:00 BINGO - 25¢ - AC 	10:00 Word Search - SL1 <b>5</b> <b>11:00 Shop: Aspen Hill</b> 11:15 Arthritis Foundation Exercise Program - MP <b>12:45 Sing with Frank - MP</b> <b>2:00 Ladies' Tea - FD</b>  3:00 Book Reading - SL1 4:00 Documentary - MP Statue of Liberty 6:45 Pokeno - 10¢ - AC	10:00 Brain Teasers - L <b>6</b> <b>10:30 Catholic Rosary - SL2</b> 11:00 Current Events - SL1 <b>11:00 Plaza del Mercado</b>  2:00 Music Appreciation - MP Glen Miller 3:00 Stretch & Tone - MP <b>4:00 Shabbat Shalom - OL</b> 7:00 Movie - SL2 <b>SAXAPHONE DAY</b>	9:30 Leisure World Plaza <b>7</b> 10:00 Name That Tune - SL2 <b>10:30 Scenic Ride</b> 11:00 Inventors - SL2 1:00 Hand Massage - WW 2:00 BINGO - 25¢ - AC 3:00 Stretch and Tone - MP 4:00 Let's Talk - Lobby  7:00 Movie - MP
10:45 Inspirational Video - MP <b>8</b> 11:00 Hymns & Prayers - SL2 12:00 Walking Club - L  <b>1:00 Sunday Dinner</b> 3:00 Sand Art - AC 3:30 Wheel of Fortune - AC <b>4:15 Chili Social - AC</b> 5:00 Movie - MP	10:00 Wii Bowling - SL1 <b>9</b> 11:00 Finishing Lines - SL1 <b>11:00 Plaza del Mercado</b> 1:00 Rosa Weinstein - FD History of Humor 2:00 Bible Study - SL1 3:00 Stretch & Tone - MP 3:45 Armchair Travels - MP Greece & Crete  7:00 BINGO - 25¢ - AC	10:00 Sing-Along - L <b>10</b> <b>10:00 Catholic Mass - MP</b> 11:15 Arthritis Foundation Exercise Program - MP <b>1:00 Karen Devitt Sings - WW</b> 2:00 Outreach Crafters - AC <b>3:15 Wine Social in Bistro</b> 4:00 Yoga with Susan - MP 6:45 Pokeno - 10¢ - AC 	8:30 For Men Only <b>11</b> <b>Breakfast with Robert</b> <b>9:45 Butler's Orchard and Lunch</b> 10:00 Trivia - SL1 11:00 Wii Bowling - SL1 <b>2:00 Salute to Veterans - MP</b> 3:00 Stretch & Tone - MP 4:00 Play Readers - AC  7:00 BINGO - 25¢ - AC <b>VETERANS DAY</b>	10:00 Word Search - SL1 <b>12</b> <b>11:00 Shop: Aspen Hill</b> 11:15 Arthritis Foundation Exercise Program - MP <b>12:45 Sing with Frank - FD</b> 2:00 News Currents - MP 3:00 Book Reading - SL1  4:00 Documentary - MP Eleanor Roosevelt 6:45 Pokeno - 10¢ - AC	10:00 Brain Teasers - L <b>13</b> <b>10:30 Catholic Rosary - SL2</b> 11:00 Current Events - SL1 <b>11:00 Plaza del Mercado</b> 2:00 Music Appreciation - MP Duke Ellington 3:00 Stretch & Tone - MP <b>4:00 Shabbat Shalom - OL</b> 7:00 Movie - SL2 <b>WORLD KINDNESS DAY</b> 	9:30 Leisure World Plaza <b>14</b> 10:00 Table Games - SL2 <b>10:30 Scenic Ride</b> 11:00 Random Acts of Kindness - SL2  1:00 News Currents - WW <b>2:00 Performance - FD</b> Gaithersburg Community Chorus 3:00 Stretch and Tone - MP 4:00 You Be the Judge - L 7:00 Movie - MP
10:45 Inspirational Video - MP <b>15</b> 11:00 Hymns & Prayers - SL2 12:00 Laugh Out Loud - L <b>1:00 Sunday Dinner</b> 3:00 Leaf Silhouettes - AC 3:30 Wheel of Fortune - AC <b>4:15 Cider Social - AC</b>  5:00 Movie - MP	10:00 Wii Bowling - SL1 <b>16</b> 11:00 Name Ten - SL1 <b>11:00 Plaza del Mercado</b> 2:00 Bible Study - SL1 3:00 Stretch & Tone - MP 3:45 Armchair Travels - MP Kilimanjaro  7:00 BINGO - 25¢ - AC	10:00 Sing-Along - L <b>17</b> <b>10:30 Catholic Communion - MP</b> 1:00 Activity Planning - AC <b>2:00 Birthday Party with Dale Jarrett - FD</b> 3:15 Outreach Crafters - AC  4:00 Yoga with Susan - MP 6:45 Pokeno - 10¢ - AC <b>HOMEMADE BREAD DAY</b>	8:30 Sight & Sound <b>18</b> <b>Miracle of Christmas</b> 10:00 Trivia - SL1 11:00 Beading with Beth - SL2 <b>2:00 "Chew the Fat with Robert" - Food Forum - FD</b> 2:00 News Currents - MP  3:00 Stretch & Tone - MP 4:00 Play Readers - AC 7:00 BINGO - 25¢ - AC	10:00 Word Search - SL1 <b>19</b> <b>11:00 Shop: Aspen Hill</b> <b>12:45 Sing with Frank - FD</b> <b>1:00 Open House</b> 3:00 Book Reading - SL1 4:00 Documentary - MP A Man, A Plan, A Canal <b>5:00 Anniversary Open House</b>  6:45 Pokeno - 10¢ - AC	10:00 Brain Teasers - L <b>20</b> <b>10:30 Catholic Rosary - SL2</b> 11:00 Current Events - SL1 <b>11:00 Plaza del Mercado</b>  <b>2:00 Chat with Helen - SL1</b> 3:00 Stretch & Tone - MP <b>4:00 Shabbat Shalom - OL</b> <b>6:00 Corky Comics - FD</b> Dwayne Abel	9:30 Leisure World Plaza <b>21</b> 10:00 Word Search - SL1 <b>10:30 Scenic Ride</b> 11:00 What's Cooking - SL2 Apple Sauce  1:00 Price Is Right - WW 2:00 BINGO - 25¢ - AC 3:00 Stretch and Tone - MP 4:00 Thanksgiving Traditions - L 7:00 Movie - MP
10:45 Inspirational Video - MP <b>22</b> 11:00 Hymns & Prayers - SL2 12:00 Walking Club - L <b>1:00 Sunday Dinner</b> 3:00 Thanksgiving Craft - AC 3:30 Wheel of Fortune - AC <b>4:15 Pumpkin Pie Social - AC</b>  5:00 Movie - MP	10:00 Wii Bowling - SL1 <b>23</b> 11:00 Finishing Lines - SL1 <b>11:00 Plaza del Mercado</b> 2:00 Bible Study - SL1 3:00 Stretch & Tone - MP 3:45 Armchair Travels - MP Tibet, Windham Hill 7:00 BINGO - 25¢ - AC 	10:00 Sing-Along - L <b>24</b> <b>10:30 Catholic Communion - MP</b> 11:15 Outreach Crafters - AC <b>1:30 Game Day Social - FD</b> <b>3:00 Resident Council - FD</b> <b>4:00 Play Readers Perform - FD</b>  6:45 Pokeno - 10¢ - AC	10:00 Scenic Ride <b>25</b> 11:00 Trivia - SL1 <b>11:30 Lunch at Aspen Hill</b> 1:00 Wii Bowling - SL1 2:00 Crossword Puzzle - AC 3:00 Stretch & Tone - MP  7:00 BINGO - 25¢ - AC	9:00 Macy's Thanksgiving <b>26</b> Day Parade - MP <b>1:00 - 3:00 Holiday Dinner</b> 3:00 Thanksgiving Matinee - MP Old Fashioned Thanksgiving 6:45 Pokeno - 10¢ - AC <b>THANKSGIVING</b> 	10:00 Brain Teasers - L <b>27</b> <b>10:30 Catholic Rosary - SL2</b> 11:00 Current Events - SL1 <b>11:00 Plaza del Mercado</b> <b>1:30 Spottswood Jazz Trio - FD</b> 3:00 Stretch & Tone - MP <b>4:00 Shabbat Shalom - OL</b>  7:00 Movie - SL2	9:30 Leisure World Plaza <b>28</b> 10:00 This Was the Year - Lobby <b>10:30 Scenic Ride</b> 11:00 Trivia - SL2  1:00 Laugh Lines - WW 2:00 BINGO - 25¢ - AC 3:00 Stretch and Tone - MP 4:00 Let's Talk - Lobby 7:00 Movie - MP
10:45 Inspirational Video - MP <b>29</b> 11:00 Hymns & Prayers - SL2 12:00 History of Advent - SL2 <b>1:00 Sunday Dinner</b> 3:00 Make Holiday Cards - AC 3:30 Wheel of Fortune - AC <b>4:15 Apple Crisp Social - AC</b>  5:00 Movie - MP	10:00 Wii Bowling - SL1 <b>30</b> 11:00 Name Ten - SL1 <b>11:00 Plaza del Mercado</b> 2:00 Bible Study - SL1 3:00 Stretch & Tone - MP 3:45 Armchair Travels - MP Venezuela's Ancient Tepuis 7:00 BINGO - 25¢ - AC 					<b>Activity Location Key:</b> AC: Activity Center CC: Computer Center CY: Courtyard FD: Fireside Dining Room GR: Game Room L: Lobby MP: Multi-Purpose Room P: Porch
					<b>LOCATION KEY (cont'd):</b> RC: Rehabilitation Center SL1: Social Lounge, 1st Floor SL2: Social Lounge, 2nd Floor WW: Wedgwood (Assisted Living Dining Room) OL: Overlook Lounge Please check daily board for updates. Thank you.	<b>Birthdays</b> Mary Gilbert 11/1 Jean Tyson 11/1 Cornelius Sullivan 11/5 Felix Dupont 11/6 Elsie Kramer 11/6 Ine Greger 11/9 Charles Pyatt 11/11 Helen Wagner 11/18 Sena Lawson 11/19 Clifford Henderson 11/23 June Klohr 11/28 